

Overview of IMPACT

IMPACT is an entry-level coaching requirement of both USAV and the 40 regional volleyball associations. Individuals who wish to enter into coaching USA Volleyball must complete the IMPACT entry-level instruction before the start of the season in the region in which they reside.

Coaches may not waive this requirement nor start a season without such certification. The regions are responsible to keep accurate records of those qualified to coach. If an individual is found negligent of certification, that individual must be immediately replaced with a qualified person.

Violations of this requirement may include probation, suspension, fine, or whatever disciplinary action is deemed appropriate by the authorized person, persons, boards, or committee of the Great Lakes Region. Appeals may be made in accordance with procedures set forth in the bylaws and operating code of the Great Lakes Region.

Great Lakes Region of USA Volleyball - Education/Coaching Certification Policy:

The Great Lakes Region requires that all coaches be either IMPACT or CAP certified before they begin working with players in practice or tournaments. To become certified, a coach must attend a IMPACT clinic or view one of the USAV IMPACT Webinars offered online at www.usavolleyball.org. Only coaches who have completed the IMPACT clinic may be added to a USAV junior roster.

The IMPACT Program

IMPACT, an acronym for *Increased Mastery and Professional Application of Coaching Theory*, is a 4-hour course for the volunteer or beginning coach. Emphasis is on drill development, principals of learning skills, resources, and ethics.

Overview of CAP

The Coaching Accreditation Program (CAP) is a comprehensive, multi-level coaching education program that covers all aspects of coaching and teaching volleyball. Both Level I and II courses focus on the critical athlete performance principles in coaching.

Level I:

Target Audience: All coaching and teaching levels, especially if coaches have had no or limited formal coaching education courses.

Content presented: ASEP Coaching Principles, skills, games and drills, basic system, and practice management.

Cost: See Course Registration Form

Level II:

Target Audience: Level 1 accredited coaches.

New Content Introduced: Emphasis on team systems, blocking and setting development, problem solving, and social issues.

Cost: See Course Registration Form

Level III and higher:

Contact the National Office for additional details on Level III and higher at www.usavolleyball.org under Education